

## **Intermediate Module - Paddle-Ability**

### **Audience**

This module is aimed at all coaches and volunteers who are currently, or are interested in, working with paddlers with a disability.

### **Time**

6 hours.

### **Background**

This module builds on the background knowledge obtained in the Introduction to Paddle-Ability Workshop and provides coaches with further knowledge to enable them to better coach people with disabilities. The module includes teaching styles, aspects of the environment and Health and Safety that a Coach needs to be aware of to deliver effective sessions to people with disabilities.

The aim of the module is to alter coaches' perceptions about people with disabilities and their own attitude towards this sector of the population. Coaches should consider how they may obtain the best out of people with disabilities through a combination of their knowledge of the sport, adaptive equipment and the needs of people with a disability.

### **Learning Outcomes**

- Describe the likely requirements of differing groups of people with disabilities;
- Describe the different communication/delivery styles that are appropriate for different disability groups;
- Describe, select and make minor modifications to the different equipment that is available to maximise the abilities of people with various disabilities;
- List the Health and Safety issues when working with people with disabilities, particularly in relation to manual handling and rescues.