

Name:

Provider:

Date:

Location:

Skills	Participant			Provider		
	Strong	Competent	Needs Developing	Strong	Competent	Needs Developing
Essential knowledge for all participants						
Deploying strategies for safeguarding paddlers						
Rescue a swimmer from the water						
Risk awareness in a stadium white water environment						
Clean rope and equipment principles						
Safety and rescue protocols						
Shout rescue						
Rescue a swimmer with a rigid aid						
Rescue a swimmer using a throwline						
Wading						
Essential skills						
Defensive swimming techniques						
Self-rescue						
Techniques for recovering swimmers						
Techniques for recovering various craft						
Techniques for recovering equipment						
Knowledge						
First Aid knowledge and skills						
Communication in a stadium white water environment						
Participant management						
Risk awareness and mitigation						
Positioning while providing safety cover						