

Paddlesport Leader Skills Checklist

The checklist is to support Leaders in any craft considering their current skills, knowledge and understanding. By completing the checklist and referring to the [Assessment Guidance](#) for further detail can help in shaping an appropriate development plan.

The [Leader and Raft Guide Digital Self-Analysis resource](#) could also help in reflection, considering development areas which can then be shared with peers, colleagues and mentors.

Name:

Date:

A. Participant Focused Leadership Skills			
	Strong	Competent	Develop
Judgement and decision making			
Venue selection / use			
Safety frameworks			
Vision (inspirational role model)			
Positive support to group members			
Leadership style and behaviours			
Group and safety equipment			
Personal equipment			
Impact on environment and others			
B. Personal Paddling Skills			
	Strong	Competent	Develop
Applied technical skills			
Tactical paddling skills			
Physical and mental awareness			
C. Rescue Skills			
	Strong	Competent	Develop
Rescue a paddler and equipment from deep water			
Swamped craft/deflated board			
Towing including a rafted tow			
Carrying a swimmer			
Rescue an unconscious paddler			
Rescue of capsized paddler/paddleboarder who has fallen into the water and equipment			
Trapped craft recovery			
Incident management			
D. Underpinning background knowledge, understanding and experience			
	Strong	Competent	Develop
Weather, planning and navigation			
Access and environment			
Experience			
Deployment matters and leadership responsibilities			

Paddlesport Leader - Candidate Development Plan

Name:

Specific Comments and Action Points

Participant Focused Leadership Skills:

Personal Paddling Skills:

Rescues and Incident Management:

Background Knowledge and Understanding:

Experience:

Reflective Practice: