

## Paddlesport Touring Leader Skills Checklist

The checklist is to support Leaders in considering their current skills, knowledge and understanding. By completing the checklist and referring to the [Assessment Guidance](#) for further detail can help in shaping an appropriate development plan.

The [Leader and Raft Guide Digital Self-Analysis resource](#) could also help in reflection, considering development areas which can then be shared with peers, colleagues and mentors.

|   |               |                  |                |
|---|---------------|------------------|----------------|
| <b>Name:</b>  |               |                  |                |
| <b>Date:</b>  |               |                  |                |
| <b>A. Participant Focused Leadership Skills</b>   |               |                  |                |
|   | <b>Strong</b> | <b>Competent</b> | <b>Develop</b> |
| Judgement and decision making   |               |                  |                |
| Venue selection / use   |               |                  |                |
| Safety frameworks   |               |                  |                |
| Vision (inspirational role model)   |               |                  |                |
| Positive support to group members   |               |                  |                |
| Leadership style and behaviours   |               |                  |                |
| Group and safety equipment  |               |                  |                |
| Personal equipment  |               |                  |                |
| Impact on environment and others  |               |                  |                |
| <b>B. Personal Paddling Skills</b>  |               |                  |                |
|   | <b>Strong</b> | <b>Competent</b> | <b>Develop</b> |
| Applied technical skills  |               |                  |                |
| Tactical paddling skills  |               |                  |                |
| Physical and mental awareness   |               |                  |                |
| <b>C. Rescue Skills</b>   |               |                  |                |
|   | <b>Strong</b> | <b>Competent</b> | <b>Develop</b> |
| Rescue a paddler and equipment from deep water  |               |                  |                |
| Swamped raft/deflated board   |               |                  |                |
| Person falling into water while sailing   |               |                  |                |
| Towing including rafted towing  |               |                  |                |
| Carrying a swimmer  |               |                  |                |
| Rescue an unconscious paddler   |               |                  |                |
| Throwline rescues   |               |                  |                |
| Rescue of capsized paddler/<br>paddleboarder who has fallen into the<br>water and equipment |               |                  |                |
| Trapped boat/board recovery   |               |                  |                |
| Foot entrapment   |               |                  |                |
| Incident management   |               |                  |                |
| <b>D. Underpinning background knowledge, understanding and experience</b>                   |               |                  |                |
|   | <b>Strong</b> | <b>Competent</b> | <b>Develop</b> |
| Equipment   |               |                  |                |
| Safety  |               |                  |                |
| Weather, planning and navigation  |               |                  |                |
| Access and environment  |               |                  |                |
| Experience  |               |                  |                |
| Deployment matters and leadership responsibilities  |               |                  |                |

**Paddlesport Touring Leader - Candidate Development Plan**

**Name:**

**Specific Comments and Action Points**

**Participant Focused Leadership Skills:**

**Personal Paddling Skills:**

**Rescues and Incident Management:**

**Background Knowledge and Understanding:**

**Experience:**

**Reflective Practice:**