

Swimmer Safety and Rescue

Assessor Observation Record

BCAB Swimmer Safety and Rescue Course

Assessor Observation Record

Course Number:	
Dates of Course:	
Venue:	
Assessor:	

Note: Full assessment criteria is within the BCAB Swimmer Safety and Rescue documentation and must be used to be fully engaged to understand and confirm the assessment standard.

Supported rescue from chosen craft:

Assessment Criteria	Candidate Name	Criteria Met	Criteria Not Met	Notes
The candidate is able to demonstrate getting back in/on their craft. Support can be offered by other support craft, such as other paddle craft or power craft to stabilise and if appropriate, assist in emptying their craft, but the candidate must get back in/on their craft <u>without</u> physical assistance.				

Personal Paddling

Assessment Criteria	Candidate Name	Met criteria	Criteria not met	Notes
Select and set up their craft.				
Use safe lifting and carrying techniques.				

Effectively launch and land.				
Maintain control in a straight line, using appropriate correction strokes.				

Paddle a course that is reasonably straight, with occasional gentle turns.				
Stop in a controlled manner within a minimum number of strokes				

(approximately 4).				
Make effective tight turns around a point, followed by acceleration in a new direction.				
Able to make an open turn around a point without losing speed.				

Reverse paddle to manoeuvre their boat into a new position (not required for SUP).				

Timed rescue

Assessment Criteria	Candidate Name	Time	Criteria Met	Criteria Not Met	Notes
Candidates are required to show that they could rescue an unconscious /unresponsive swimmer <u>50 metres</u> away. Candidates are expected to respond safely and quickly and should have stabilised the situation within <u>1-minute</u> of the incident, including that an unconscious / unresponsive swimmer would have an open airway, called out for help and has secured the casualty and awaiting further assistance.					